

Child and Adolescent Mental Health Services (CAMHS) Workforce in Scotland

QUARTER ENDING 31 MARCH 2020

An Official statistics publication. Publication date: 2 June 2020

About this release

This release by NHS Education for Scotland (NES) provides a quarterly update, as at 31 March 2020, on the Child and Adolescent Mental Health Services (CAMHS) workforce staff in post and staff in training. Figures are presented as headcount (actual numbers of staff) and whole time equivalent (WTE), which adjusts the figures to take account of part time working.

Main Points

At 31 March 2020:

- > There were 1,040.3 WTE staff in post within NHSScotland CAMHS, an increase of 386.6 WTE (+59.1%) since 2006, 46.8 WTE (+4.7%) since 31 March 2016, and a decrease of 9.9 WTE (-0.9%) since 31 March 2019. Of the total staff in post, 5.5% of staff were on maternity leave and 1.6% were on long term sick leave.
- ➤ There were 697.1 WTE (67.0%) of CAMHS staff working in whole-time posts and 343.2 WTE (33.0%) working in part-time posts, an increase of 43.5 WTE (+6.7%) in whole-time posts and 139.3 WTE (+68.3%) in part-time posts since March 2011. Within the Nursing professional group, 18.8% (83.2 WTE) of staff worked part-time, compared to 48.6% (134.0 WTE) in Psychology and 54.1% (51.7 WTE) in the Medical professional groups.
- > Of the total NHSScotland CAMHS workforce, 876.9 WTE (84.3%) were female and 161.4 WTE (15.5%) were male. The WTE of male staff decreased by 11.2 WTE (-6.6%) and the WTE of female staff increased by 192.2 WTE (+28.1%) since March 2011.
- > The majority of staff working in the Psychology professional group were in AfC Band 8a (105.2WTE, 38.2%), while the majority of the staff working in Nursing professional group were in AfC Band 6 (216.6WTE, 48.9%) and the majority of staff working in the Medical Professional group were Consultants (71.5WTE, 74.8%). This is an increase of 4.5% in AfC Band 8a for the Psychology professional group compared to the previous year's census, an increase of 4.1% in AfC Band 6 for the Nursing professional group and a reduction of 0.4% for Consultant medical grade in the Medical professional group.

CAMHS Workforce census data - 31 March 2020



1226

Headcount



Increase since Sept 2006 (+59.1%) **1040**.3

Whole Time Equivalent



Increase since March 2016 (+4.7%)



343.2 (33%)

Part Time Posts (WTE)



Increase since Mar 2011 (+ 68.3%) **697.1** (67%)

Whole Time Posts (WTE)



Increase since March 2011 (+ 6.7%)





PSYCHOLOGY

Afc Band 8a 105.2 WTE

(38.2%) in Psychology professional group



NURSING & MIDWIFERY

Afc Band 6

216.6 WTE

(48.9%) in Nursing professional group



MEDICAL

Consultant Grade

71.5 WTE

(74.8%) in Medical professional group



5.5% Maternity Leave



1.6%

Long Term Sick Leave



84.3%

FEMALE (876.9 WTE)



15.5%

MALE (161.4 WTE)

Background

Child and Adolescent Mental Health Services (CAMHS) provide essential assessment, care and treatment of children and young people (and their parents/carers) who are experiencing serious mental health problems. They also have an important role in supporting the mental health capability of the wider network of children's services. The delivery of good quality CAMHS services depends upon adequate numbers of staff being recruited and retained across NHSScotland.

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Further Information

As of 1 October 2019, ownership and responsibility for collecting and reporting workforce data transferred from Information Services Division (ISD) to NES. Further details about this change are given in this <u>letter</u> on the ISD website

Find out more in the <u>full report</u>, which also includes background information and a glossary. The data from this publication are available to <u>download</u> from our web page and available as <u>dashboards</u>. Publications prior to 3 December 2019 can be accessed via the ISD CAMHS <u>page</u>.

CAMHS Psychology Workforce information is also included in the <u>main Psychology Workforce</u> <u>publication</u>. For related topics, please see the ISD <u>Mental Health</u> pages.

The next release of this publication will be September 2020.

NES and Official Statistics

NHS Education for Scotland (NES) is NHSScotland's education and training body. It is the authoritative source of information on the people who work for NHSScotland. NES became an accredited provider of Official Statistics in December 2019 and as such this release is produced in accordance with UK Statistics Authority's **Code of Practice for Statistics**.

NES voluntarily applied the Code of Practice for the publication released on 3 December 2019.